

627 W. East Avenue  
Chico, CA 95926  
530-342-1800

**DR. ROBERT REEVE / DR. DAVID WOODS****CONJUNCTIVAL POST-OPERATIVE INSTRUCTIONS**

1. Because your reflexes are diminished after receiving anesthetic medications, for the next **24 hours**:
  - a. You should not operate a vehicle or engage in the operation of machinery or appliances
  - b. You should **NOT** drink alcoholic beverages
  - c. You should **AVOID** making any critical decisions
  - d. You **MUST** have a responsible adult (over 18 YO) stay with you after discharged from the Center.
2. There are **NO** diet restrictions, although a heavy meal (burger/fries) is not recommended. You may resume your medications unless otherwise directed by your physician.
3. **DO NOT** rub wound/eye or do any heavy lifting for 1 week. Otherwise, you may resume your normal activity.
4. If you have any discomfort, you can use any over the counter medications of your choice. *If your pain is severe, please call your physician's office.*
5. If you have a dressing over your eye, LEAVE THAT IN PLACE until your follow-up with your physician.
6. **If prescribed, apply \_\_\_\_\_ ointment / drops to operative site as directed by your physician.**
7. **POST-OPERATIVE EXAMINATION:** Please return **TO YOUR PHYSICIAN'S OFFICE** (*not where you had surgery*) @ \_\_\_\_\_ on \_\_\_\_\_ for your follow-up appointment.
8. Additional instructions:

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**PRECAUTIONS:** If you have problems relating to your surgery or develop any of the following – *fever over 101, chills, difficulty breathing, excessive drainage from the eye, excessive headache or eye pain not relieved by OTC medications*, please call your physician's office @ **899-2244**. **IF YOU ARE UNABLE TO REACH YOUR PHYSICIAN, YOU SHOULD GO TO THE EMERGENCY ROOM NEAREST YOUR HOME, OR DIAL 911.**

I have received a copy of these instructions

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Patient/Parent/Guardian

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Nurse Signature